

Kids Eat Free Guide: The Ultimate List of Restaurants

The *Dealhack Kids Eat Free Guide* is the perfect dining companion for parents who want to get free meals for their kids. We keep this guide updated every three months to ensure that you can save extra money whenever your family goes out for breakfast, lunch, or (mostly) dinner. You can save a PDF copy of this list to access it anytime on your phone or computer.

The online version of this guide can be found here:

<https://dealhack.com/blog/kids-eat-free-guide>

Free kids' meals are usually offered in the evening, so plan accordingly. Most restaurants on this list require you to purchase at least one entrée to get the free meal. But all parents know that it's worth the price if that means your children get to eat with a smile on their faces!

Go to: [Kids Eat Free Every Day](#), [Kids Eat Free Most Days](#), [Kids Eat Free Monday](#), [Kids Eat Free Tuesday](#), [Kids Eat Free Wednesday](#), [Kids Eat Free Thursday](#), [Kids Eat Free Friday](#), [Kids Eat Free Weekend](#).

Kids Eat Free Every Day



These are the restaurants that offer Kids Eat Free promos every day of the week.

BuffBurger: BuffBurger offers one free kid's meal for every minimum purchase of one adult entrée. Available every Monday and Tuesday until closing hours ([source](#)).

Chili's: Kids 12 and under get a free meal for with the purchase of a regular entrée at Chili's. Available only for Chili's Rewards loyalty members who sign up for free email and text notifications ([source](#)).

Denny's: Denny's is offering one complimentary kid's meal for each adult entrée order of \$6 or more. Available at select stores only ([source](#)).

Fogo de Chão: Fogo de Chão offers is Fogo Churrasco Experience for free to kids who are 6 years old and below. The meal costs half price for children who are 7-12 years of age ([source](#)).

HuHots: Kids who are 3 years old and below are qualified for free grill meals at HuHots. Rice is included in children's meals. Available at participating locations only ([source](#)).

Ricettas Restorante: Kids under 3 years old can get a free pizza buffet at Ricettas Restorante. You can also join Peppy's Birthday Club to get a complimentary kids meal plus a special greeting for kids 12 and under ([source](#)).

Shoney's: Shoney's is offering one free meal for children 4 years old and below. The accompanying adult must purchase at least one entrée for dine-in. Contact your nearest restaurant and ask if they participate in this promotion ([source](#)).

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Kids Eat Free on Most Days



Here you can find restaurants that offer free kids' meals on select days only. Examples are during special events and 1-2 days per week that vary per store or franchise location.

Pizza Ranch: Kids can get one free buffet at Pizza Ranch for every full-priced purchase of one adult buffet. Available during Kids Free Events at select restaurant locations ([source](#)).

Butcher & Brew: Butcher & Brew offers one free kids' meal whenever you spend a minimum of \$20 for dine-in. Available every Monday to Thursday at both their restaurants in Alpharetta & Halcyon ([source](#)).

Cody's Original Roadhouse: Kids under 10 years old can get one free meal at Cody's Original Roadhouse every Monday and Tuesday. At least one adult entrée purchase is required ([source](#)).

IKEA: IKEA offers free or discounted meals for kids and adults during special events every year. Call your local store or visit their website occasionally for updates on the next event ([source](#)).

Luby's: Kids under 12 years old can get one free meal every Wednesday and Saturday at Luby's. One adult entrée purchase is required. Available at participating locations only ([source](#)).

McAlister's Deli: Kids can eat for free at McAlister's Deli on select days. Call your nearest restaurant and ask if they are participating in this promotion ([source](#)).

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Kids Eat Free Monday



Abe's Cajun Market & Café: Abe's Cajun Market & Café offers free kids' meals after 5 pm every Monday. The accompanying adult must pay for at least one entrée. This promotion may change without prior notice ([source](#)).

Alicia's Mexican Grille: Kids eat free all day every Monday at Alicia's Mexican Grille. You must order at least one adult meal and beverage to receive one free kid's meal. Available for dine-in purchases only ([source](#)).

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Kids Eat Free Tuesday



Atlanta Bread Company: Kids who are 12 years old and under can eat free at the Atlanta Bread Company every Tuesday from 4 pm until closing. Contact your nearest store if they participate in this promotion ([source](#)).

Fazoli's: Fazoli's restaurants are offering two free kid's meals when you purchase one adult entrée. Available on Tuesdays from 5 pm to 8 pm at participating locations ([source](#)).

Marie Callendar's: Kids eat free every Tuesday at Marie Callendar's Restaurant and Bakery. The child must be accompanied by a paying adult guest ([source](#))

Ruby Tuesday: Ruby Tuesday is giving out one free kids entrée for every purchase of one adult entrée. Available every 5 pm until closing at participating locations only ([source](#)).

Uno Pizzeria: Uno Pizzeria in Chicago offers one free kid's meal every Tuesday. Must be accompanied by a paying adult who is a member of the UNO Extras rewards program ([source](#)).

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Kids Eat Free Wednesday



Arriba Mexican Grill: Arriba Mexican lets kids under 10 years old eat for free every Sunday. One full-price adult dinner entrée purchase is required to get one free item from the children's menu. Available for dine-in orders only ([source](#)).

La Finca Mexican Restaurant: Kids eat free at La Finca Mexican Restaurant every Wednesday from 4 pm until closing ([source](#)).

Logan's Roadhouse: Logan's Roadhouse offers one free meal for kids under 10 years old for every purchase of an adult entrée. Available on Wednesdays at participating restaurants only ([source](#)).

PepperJax Grill: Kids who are 12 years old and below can eat for a discounted price at PepperJax Grill. One adult entrée purchase is required. Available on Wednesdays at select locations ([source](#)).

Red Robin: Red Robin offers one free kid's meal and a sundae for every adult entrée purchase. Available on the first Wednesday of every month from 5 pm to 8 pm at select stores in Pennsylvania ([source](#)).

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Kids Eat Free Thursday



Cafe Brazil: Kids eat free at Cafe Brazil every Sunday to Thursday from 5 pm to 10 pm. One free kids entrée is given for every purchase of an adult entrée. Available for children 12 years and under ([source](#)).

Tomatina: Kids who are 10 and under can eat for free at Tomatina Fresh Italian. Choose one complimentary entrée kids entrée for every full-priced purchase of one adult entrée. Available starting 4 pm onwards every Thursday ([source](#)).

Tony Roma's: Tony Roma's is letting kids eat for free every Thursday of the week. Must be accompanied by a paying adult to qualify. Available at participating restaurant locations ([source](#)).

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Kids Eat Free Friday



Firehouse Subs: Kids can get a free meal at Firehouse Subs with every purchase of one adult entrée. Available on Fridays at participating Firehouse Subs restaurants. You can get a free combo meal for children under 15 when you sign up at least 6 days before your kid's birthday ([source](#)).

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Kids Eat Free Weekend



Check out these restaurants that offer free kids' meals every Saturday and/or Sunday.

Dickey's Barbecue Pit: Kids 12 and under can eat free at Dickey's Barbecue Pit every Sunday. Minimum order of \$10 is required to qualify for this promo. Available at select restaurants only ([source](#)).

Incredible Pizza: Incredible Pizza offers free buffet meals for kids who are 3 and under. Available every Saturday and Sunday ([source](#)).

Moe's Southwest Grill: Moe's Southwest Grill offers one free kid's meal for every \$6 minimum adult entrée. The kid's meal can either be a taco, quesadilla, or burrito with one cookie and drink. Available to children under 12 years of age every Sunday at participating locations ([source](#)).

Paradiso Mexican Restaurant: Paradiso Mexican Restaurant is offering one free meal for children 8 and under every Sunday. Must be accompanied by an adult who orders any meal of equal or greater value ([source](#)).

Tumbleweed Restaurant: Kids who are 10 years old and below can get one free meal for every purchase of an adult entrée at Tumbleweed Restaurant. Available every Sunday for dine-in orders only ([source](#))

Amigos Mexican Restaurant: Paradiso Mexican Restaurant offers one free kid's meal to guests who are 8 years old and below. The accompanying parent must order at least one meal of equal or greater value. Available on Sundays ([source](#))

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Enjoy Your Savings!

Do you know any other restaurants that offer free or discounted meals for kids? Drop a comment below so we can add it to the list.

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