

Birthday Freebies Guide: Where to Eat and Shop on Your Birthday

The *Dealhack Birthday Freebies Guide* is the result of our quarterly survey of brands that offer birthday discounts and rewards.

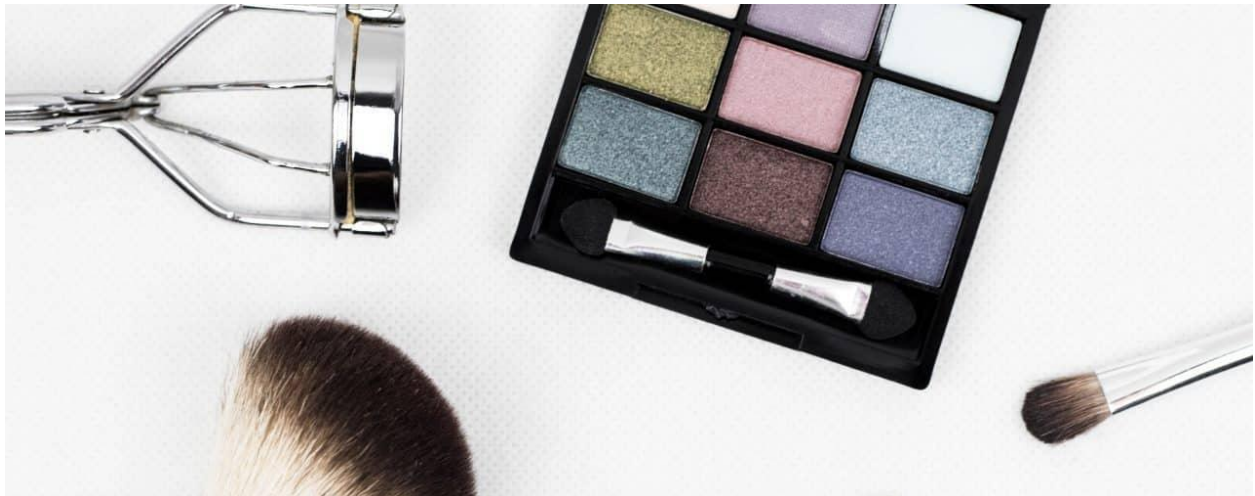
The list currently contains over 140 brands conveniently broken down into 6 categories. Every three months, we independently verify each and every brand. You can download this guide in PDF format so you can access it anytime from your phone or computer.

<https://dealhack.com/blog/birthday-freebies-guide>

There are different ways for stores and restaurants to offer birthday rewards for their customers. You can sign up for newsletters, register to loyalty programs, apply for a store credit card, or download their app. Most of these reward programs are free, and some even offer extra bonuses or free treats when you sign up!

Go to: [Beauty & Makeup Freebies](#), [Beverage Freebies](#), [Bread & Pastry Freebies](#), [Chocolate & Ice Cream Freebies](#), [Restaurant Freebies](#), [Pet Freebies](#), [Retail Freebies](#).

Beauty & Makeup Freebies



Algenist: Sign up for [Algenista Rewards](#) and unlock 200 points as a new member. You will also receive an additional 200 points on your birthday. Other member benefits include free 2-day shipping, extra points days, and early access to sales.

Aveda: Register to [Aveda's Birthday Program](#) and get one free 30mL aromatic nourishing composition oil on your birthday. You can redeem your gift online or by visiting your local Aveda store.

bareMinerals: Join the [FAB Loyalty Program](#) and get 15% off your first purchase when you complete your online profile. You also receive a birthday gift every year, in addition to \$10 off every \$150 you spend on bareMinerals products.

Bath & Body Works: Bath & Body Works is giving away welcome offers and birthday gifts to members of its [Rewards Program](#). Available at select stores.

Benefit Cosmetics: Participating [Ulta Beauty Benefit BrowBar lounges](#) offer a [free brow arch](#) when you visit them on your birthday. Bring a valid government ID with your date of birth. Exclusions apply.

Bobbi Brown: Register to the [Bobbi Brown Club](#) for a 15% discount, free standard shipping, and free samples. On your birthday, get \$10 off for any purchase of \$30 or more.

Boscia: Boscia is offering an exclusive reward on your birthday. [Create an account](#) and add your date of birth to receive the gift in your email address during your birth month.

Clarins: New members of [Clarins Passport to Beauty](#) receive 50 reward points, plus free shipping for any \$50+ order. They also earn reward points on every purchase and a special gift on their birthday.

Clinique: Sign up for [Clinique Smart Rewards](#) to receive a 15% coupon as a new member. Other benefits include free samples, reward points, and free shipping for every order. You can redeem a gift with any \$45+ purchase on your birthday.

CVS: Get a 10% coupon from CVS when you register at the [ExtraCare BeautyClub](#) for early access to discount events. Members will also receive free samples of trending items and exclusive birthday gifts.

Dermstore: Dermstore offers a free birthday gift to members of its [Rewards Loyalty Program](#). Members will also earn 5 points for every \$1 they spend. Reward points can be redeemed for any Dermstore product.

Lancome: Join [Lancome's Elite Rewards Program](#) and get a special gift on your birthday. Earn more reward points to unlock an anniversary gift, free gift wrapping, a free Shoprunner membership, and other perks.

L'Occitane: Redeem a limited-edition [birthday gift](#) from L'Occitane when you purchase at least one item online. Sign up for an account and a promo code will be sent to your email on your birth month.

Kiehl's: Get one free lip balm on your birthday when you sign up to [Kiehl's Rewards Loyalty Program](#). Your gift will be upgraded to a free travel-size kite once you earn more reward points.

Kohl's: Sign up for [Kohl's Yes2You Rewards](#) and earn 1 point for every \$1 you spend. Members receive a gift on their birthday and get \$5 off for every 100 reward points they accumulate.

Sephora: Sephora offers free beauty classes and a birthday gift to those who sign up for their [Beauty Insider](#) program. The [birthday reward](#) changes every year.

Smashbox: Get 50 bonus points and a 15% discount on your first order when you register to [Smashcash](#) rewards. Spend a minimum of \$75 to receive a gift on your birthday and anniversary as a member of the Smashbox Loyalty program.

Tarte Cosmetics: Join [Tarte Rewards](#) to get 100 bonus points and a birthday gift every year from Tarte Cosmetics. Earn more points to get one free mini with every purchase and an anniversary gift.

The Body Shop: Enjoy a \$10 reward on your birth month when you register to the [Love Your Body Club](#). Every 100 reward points you earn will award you a \$10 discount on your next order at The Body Shop.

ULTA: ULTA offers a special gift to members of [Ultamate Rewards](#) when they activate 2X Points on their birth month.

Urban Decay: Register to the [UD Beauty Junkies](#) program and you will receive a gift on your birthday. You also gain access to reward points for every purchase, free shipping, and other exclusive perks.

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Beverage Freebies



BIGGBY Coffee: Join BIGGBY Coffee's [B-Happy Lounge](#) to receive one free beverage on your birthday. If you do not own a BIGGBY card, you can add the reward to your account.

Bojangles: Join [Bojangles' eClub](#) to receive one free half gallon of Bojangles Legendary Iced Tea with your first purchase. On your birthday, you can also redeem one free Bo-Berry Biscuit with any purchase.

Caribou Coffee: Sign up for [Caribou Perks](#) to get a free drink of any size on your birthday. You can also redeem one free drink for every 120 reward points that you earn at Caribou Coffee.

Dunkin: Become a member [DD Perks](#) and you will get a free beverage on your birthday. You can redeem one free beverage from Dunkin every time you earn 200 reward points. Exclusions apply.

Dunn Brothers Coffee: Download the [Dunn Brothers Rewards App](#) to save \$3 for every \$50 you spend on coffee products. You will also receive a \$3 sign-up bonus and a \$5 gift on your birthday.

Fat Straws: Join the [FUNatics Loyalty Program](#) to receive bubble points for every milk tea purchase at The Fat Straws. Earn 80 points upon signing up, one free drink for every 120 points, and one free drink on your birthday.

Hard Rock Cafe: Sign up to [Hard Rock Rewards](#) for exclusive promotions and priority seating at the Hard Rock Cafe. Members will also receive a birthday gift every year.

Jamba Juice: Get a free smoothie on your birthday when join [Jamba Juice Rewards](#) and earn at least 15 points. For a limited time, get \$1 off your first order and \$2 off your second order.

Magic Cup Cafe: Register to the [TapMango System](#) and earn reward points for every beverage purchase at Magic Cup Cafe. Unlock free items for every 50, 150, 200, 250, and 350 points, and one free drink on your birthday.

Peet's Coffee: Peet's Coffee offers one free beverage of any size on your birthday when you join [Peetnik Rewards](#). You can also redeem one free beverage for every 15 reward points you collect when using the app.

Planet Smoothie: Sign up to Planet Smoothie's [VIP Rewards](#) for email and text updates on their latest promotions. You can also redeem one free drink on your birthday at the store location of your choice.

Smoothie King: Join Smoothie King's [Healthy Rewards](#) program and earn 100 reward points for every \$1 you spend. Collect 35,000 points to get a \$2 reward, 25% more points per purchase, and a free smoothie on your birthday.

Starbucks: Enjoy one free drink of choice on your birthday when you sign up for [Starbucks Rewards](#). Members will also get free refills on brewed coffee and tea, extra Star points, and other exclusive perks.

The Coffee Bean & Tea Leaf: The [Coffee Bean Rewards](#) program offers a bonus treat to new members. Sign up to receive points for every purchase and a birthday gift each year.

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Bread & Pastry Freebies



Au Bon Pain Cafe Bakery: Get a free travel mug when you join the [Au Bon Pain eClub](#). You also receive daily discounts on Arabica coffee and a birthday gift every year.

Auntie Anne's: Download [Auntie Anne's Pretzel Perks](#) app to get one free pretzel on your first order. You will also receive a birthday gift every year and one free pretzel for every 250 points you earn.

Bruegger's Bagels: Enjoy a free cream cheese bagel when you sign up for [Bruegger's Inner Circle](#) rewards. Each year, members also receive one free cream cheese bagel.

Einstein Bros. Bagels: Get a free Bagel & Schmeaer with your first order at Einstein Bros. Bagels when you sign up for [Schmeaer Society rewards](#). You also get a free egg sandwich with any single purchase on your birthday.

Great American Cookie: Enjoy exclusive birthday offers from Great American Cookie when you sign up for their [Loyalty Rewards Program](#).

Krispy Kreme: Sign up for [Krispy Kreme Rewards](#) to get one free donut upon joining. After earning 12 credit points, your next purchase will be free. Your birthday reward is valid from

La Madeleine: Join [La Madeleine Rewards](#) and get one free Lemon Madeleine or butter croissant as a signup bonus. On your birthday, you can get one free pastry or slice of cake.

Nothing Bundt Cakes: Register to the [Nothing Bundt Cakes eClub](#) for email announcements and exclusive offers, including one free Bundtlet on your birthday.

Panera Bread: Get a free birthday treat from Panera Bread when you register to [MyPanera Rewards](#). You can also download the app for easy online orders and access to exclusive promotions.

Shari's Cafe: Enjoy one free slice of pie when you sign up for [Shari's Rewards Program](#) and get another free slice on your birthday. Once you purchased 12 pies at Shari's Cafe, your next pie is free. You will also receive one free pie shake once you previously bought 5 pie shakes.

Shoney's: Sign up for [Shoney's Rewards](#) to receive a free hot fudge cake on your birthday. You will also receive one free starter upon registration and email updates on the latest offers from Shoney's.

Sprinkles: Become a [Sprinkles Perks](#) member and receive a free cupcake on the Wednesday before your birthday. Additional free cupcakes and exclusive rewards can be redeemed once you reach 8 or more visits at Sprinkles.

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Chocolate & Ice Cream Freebies



Baskin-Robbins: Enjoy a complimentary 2.5-ounce ice cream scoop on your birthday when you join the [Baskin-Robbins Birthday Club](#) for free. Redeemable at participating Baskin-Robbins locations.

Carvel: Carvel offers free ice cream on your birthday when you sign up as a [Fudgie Fanatics](#) member for email promotions.

Cold Stone Creamery: Cold Stone Creamery offers a Buy 1 get 1 free Creation coupon to new members of My Cold Stone Club Rewards. You will also receive 25 bonus points, an extra Buy 1 get 1 free Creation coupon on your birthday and other special offers.

Dairy Queen: Register to the Dairy Queen [Blizzard Fan Club](#) for access to email promotions. In addition, you will receive a free voucher on your birthday.

Edible Arrangements: Sign up for [Edible Rewards](#) to receive a free birthday treat in addition to exclusive email offers. Members will also receive one free box of chocolate-dipped fruits for every 3rd purchase at Edible Arrangements.

Dippin' Dots: Become a member of [Dot Crazy! Email Club](#) for one free Dippin' Dots treats on your birthday, in addition to special coupons and email updates on the latest promos.

Friendly's: Join [Friendly's Sweet Rewards Club](#) and get one free medium ice cream as a new member. You can then redeem a \$5 discount for every 75 points, one medium ice cream on your birthday, and other benefits.

Godiva: Become a member of [Godiva Rewards Club](#) and get free shipping on your next order, members-only exclusive deals, and a birthday chocolate gift from Godiva every year.

Graeter's: Join [Graeter's Sweet Rewards](#) for a special treat for your birthday. Earn reward points for every purchase of ice cream and other desserts using Graeter's mobile app.

Maggie Moo's / Marble Slab Creamery: Register to [Slab's Happy Rewards](#) for a \$5 discount on your first order, and you get \$5 off every time you accumulate 50 reward points. You can also redeem a \$5 reward 7 days before your birthday.

Menchie's Frozen Yogurt: Sign up for Menchie's [mySmileage Rewards](#) and download their app to get 25 rewards points, and \$5 credit on your birthday. You will also earn a \$5 reward plus extra reward points when you order within 7 days after signing up.

Pinkberry: Pinkberry offers one free yogurt on your birthday when you download their app and sign up for [Pinkcard Rewards](#). You also receive a free yogurt for every 10 purchases.

Rita's Italian Ice: Join [Rita's Rewards eClub](#) to receive exclusive email offers and a free treat on your birthday. Download their official app to get a free treat every 8th visit at any Rita's Italian Ice store.

Sweetfrog: Sign up for [Sweetfrog's Loyalty Club](#) and get a free Sweetfrog frozen yogurt on your birthday. Other benefits include 10% off your next order, a free cup for every 10 visits, and reward points for every purchase.

The Melting Pot: Become a member of The Melting Pot's [Club Fondue](#) to receive special promo codes on your birthday. You also get a free box of six Signature Dipped Strawberries when you sign up.

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Entertainment Freebies



Alamo Drafthouse Cinema: Become a [Victory member](#) of Alamo Drafthouse Cinema to get one free ticket on your birthday, and access to surprise movie screenings twice a year.

AMC: Join [AMC Stubs](#) to become eligible for exclusive rewards at any AMC Theatre. Insider Members will receive one free large popcorn on their birthday, while Premiere and A-List members will get one large popcorn and a large fountain drink.

Harkins Theatres: Get a \$5 gift from Harkins Theatres 7 days before your birthday when you sign up to [My Harkins Awards](#) or download the mobile app.

Medieval Times: Sign up to the [Medieval Times Birthday Club](#) for email updates on their latest promotions. On your birthday, you will receive an exclusive reward.

Redbox: Enjoy a free 1-night DVD rental from Redbox when you sign up for exclusive emails via [Redbox Perks](#). On your birthday, you will also receive another free 1-night DVD rental.

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Grill & Restaurant Freebies



99 Restaurant & Pub: Register to [99 Rewards](#) and get one free dessert after your first visit at 99 Restaurant & Pub. In addition, you will also receive exclusive promotions and a birthday dessert each year.

A&W Restaurants: Get monthly email updates on the latest A&W deals and promos when you join the [A&W Mug Club](#). Members can also redeem one free beer float on their birthday each year.

Abuelo's: Enjoy a special gift on your birthday when you join [Mi Abuelo's Rewards](#). New members also receive an exclusive discount on their next order at Abuelo's Mexican Restaurant.

Arby's: Sign up for [Arby's Insider](#) for exclusive email offers and you can get a free shake with any purchase on your birthday.

Baja Fresh: Enjoy a free taco when you register to [Club Baja](#). If you signed up at least 4 days before your birthday, you'll receive a special gift from Baja Fresh. Otherwise, you can claim it on your birth month the following year.

bd's Mongolian Grill: Register to [bd's Rewards eClub](#) to receive a \$5 coupon via email on your next visit. Download the official app of bd's Mongolian Grill to earn 50 reward points, double points on all orders every Tuesday, and one free meal on your birthday.

Benihana: Benihana offers you a \$30 certificate on your birth month when you join [The Chef's Table](#) for free email updates and exclusive offers.

BJ's Restaurant and Brewhouse: Get a free Pizzookie when you sign up for [BJ's Premier Rewards Plus](#), and another Pizzookie on your birthday. Enjoy a \$10 discount for every 100 points you earn on purchases at BJ's Restaurant and Brewhouse.

Black Angus Steakhouse: Become a [Prime Club](#) member and receive a free dessert at Black Angus Steakhouse. You will also earn one free steak dinner on your next birthday after signing up.

Bonefish Grill: Register to [Bonefish Grill Insider](#) for email updates, exclusive offers, and birthday rewards. You will also get 50% off your order after every 4 visits to Bonefish Grill.

Boston Market: Join [Boston Market Rotisserie Rewards](#) for email updates on the latest events and exclusive promotions. You also receive a special treat on your birthday.

Buca di Beppo: Join the [Buca di Beppo eClub](#) and get one free small pasta meal as a sign-up reward. Members also receive a \$20 birthday gift every year.

BurgerFi: Register to [BurgerFi Rewards](#) and download the app to earn 1 point for every \$1 you spend, in addition to exclusive offers such as birthday rewards and double point days.

California Pizza Kitchen: Get a free small plate when you sign up for [CPK Rewards](#). Enjoy a free dessert on your birthday, which can be upgraded to free entrée when you earn enough points from California Pizza Kitchen.

Cantina Laredo: Members of [Cantina Laredo eClub](#) who celebrate their birthday at their local Cantina will receive a free dessert. A free appetizer is also redeemable after signing up.

Chick-fil-A: Join [Chick-fil-A One](#) to earn points for every purchase, as well as bonus food rewards and a special gift on your birthday.

Chili's: Redeem one free dessert on your birthday when you join [My Chili's Rewards](#). If you visit participating Chili's locations for dine in or To Go orders once every 60 days, you

can also get either free chips and salsa or a non-alcoholic beverage for every \$5 minimum purchase.

Cooper's Hawk: Sign up for [Cooper's Hawk WC Rewards](#) and earn \$25 for every 350 points you collect by ordering at Cooper's Hawk Winery and Restaurant. Members will also receive one free entrée (up to \$15 value) on their birthday, which is available for dine-in orders only.

Del Taco: Get 2 free grilled chicken tacos when you sign up for Del Taco's [Raving Fan eClub](#) for email updates. On your birthday, you will receive one regular-size premium shake for free.

Denny's: Join [Denny's Rewards](#) for exclusive email updates and offers, a 20% coupon for your next visit, and a free birthday treat every year.

Dickey's Barbecue Pit: Get the latest news and exclusive deals from Dickey's Barbecue Pit when you join their [Big Yellow Cup Club](#). Each year, you also receive gifts on your birthday and on the club's anniversary.

El Pollo Loco: Enjoy a birthday treat from El Pollo Loco when you join [Loco Rewards](#) for email updates and points for each purchase. For every 100 points you can redeem a \$10 discount on your next order.

Famous Dave's: Sign up to [Famous Nation](#) and receive a birthday gift. Members will also receive exclusive email offers and the latest updates from Famous Dave's BBQ.

Firehouse Subs: Get a free large drink on your first purchase when you join [Firehouse Rewards](#). On your birthday, you can redeem one free medium sandwich from Firehouse Subs.

First Watch: Subscribe to the [First Watch email newsletter](#) and get a birthday coupon once a year. A valid email address is required.

Fuddruckers: Get a free burger at Fuddruckers on your birthday when you register to [Fuddruckers eClub](#) for email updates and exclusive rewards.

Genghis Grill: Genghis Grill offers one free dessert or appetizer when you register to [Genghis Rewards](#) for email updates and bonus points for every purchase. On your birthday, you can order one free bowl.

Hooters: Download the [Hooters App](#) and join the HootClub for free wings on your birthday. New members can also redeem free fried pickles at participating Hooters locations. Exclusions apply.

Houlihan's: Get a \$10 sign up bonus when you join [Houlihan's eClub](#) for exclusive access to promos. On your birthday, you can redeem one free entrée at Houlihan's Restaurant.

IHOP: Register to [MyHop rewards](#) and get free pancakes upon signing up, on your birthday, and every anniversary of IHOP. You also receive exclusive email offers and updates.

Islands: Sign up to [Tiki Link](#) for a \$5 discount on your next order at Islands Fine Burgers & Drinks. You also receive a special coupon on your birthday and email updates on promos and giveaways every month.

Jack in the Box: Jack in the Box offers an exclusive birthday reward when you download their [official app](#) and sign up for free.

Jason's Deli: Enjoy a \$5 coupon on your birthday when you become a member of [Jason's Deli Birthday Club](#). You can also sign up for emails on the latest news and exclusive offers.

Jersey Mikes: Earn points for every meal at Jersey Mikes and get a free sub when you join [MyMikes Rewards](#) for email updates on upcoming contests and promotions.

Johnny Rockets: New members of the [Rocket eClub](#) can redeem a free burger upon signing up, and a free birthday treat from Johnny Rockets every year.

Kobe Restaurant: Sign up for [Kobe Rewards](#) and get a discount on a single entrée when you order another full-priced entrée at Kobe Ichiban on your birthday. The discount is \$25 on Sunday-Thursday and \$15 on Friday-Saturday.

Landry's: Become a member of [Landry's Select Club](#) can get a \$25 reward on your next visit at any Landry's restaurant. On your birthday, you will receive another \$25 reward.

Lennys: Get a free drink with chips when you sign up for [Lennys VIP Rewards](#) for email updates on the latest promotions from Lennys. You will also receive reward points for each purchase and one free 7.5-inch sub on your birthday.

Longhorn Steakhouse: Sign up for the [LongHorn Steakhouse eClub](#) to get one free appetizer on your first dinner entrée purchase. A special reward will be emailed to you on your birthday.

Marie Callendar's Restaurant & Bakery: Join [Marie Callendar's E-Club](#) to receive a discount on your next dine-in order. You will also receive special email rewards on events such as your wedding anniversary and birthday.

Moe's Southwest Grill: New members of [Moe's Rewards](#) will receive one free cup of queso upon registering. Each year, they can also redeem a free burrito on their birthday.

Noodles World Kitchen: Noodles World Kitchen will send a birthday coupon to your email address when you sign up for [NoodlesREWARDS](#).

O'Charley's: Join [O'Charley's O'Club](#) to access members-only email offers from O'Charley's Restaurant & Bar, including a special treat on your birthday.

Olive Garden: Enjoy one free dessert on your birthday at any Olive Garden restaurant when you register as a new member of [Olive Garden's eClub](#) for email updates on their latest promotions.

On the Border: New members of [Club Cantina](#) can get one free bowl of queso or sopapillas on their next visit to On the Border Mexican Grill & Cantina. You can also access Cinco Deals on the 5th day of every month in addition to free queso on your birthday and club membership anniversary.

Orange Julius: Orange Julius offers one Buy 1 Get 1 Free coupon when you sign up to the [Julius League](#) for exclusive rewards, plus another coupon on your birthday.

Orange Leaf: Get \$3 off your birthday at Orange Leaf Frozen Yogurt when you apply for an [Ounce Back Rewards Card](#). On the anniversary of your membership, you will receive a \$1 coupon for your next order.

P.F. Chang's: Register to [P.F. Chang's Rewards](#) to get 1,000 bonus reward points and access to exclusive email offers from P.F. Chang. You can redeem one free entrée when you reach 2,000 reward points, and during your birth month you can choose between one free signature dessert or appetizer.

Pei Wei: Join [My Wei Rewards](#) to get a free small plate on your birthday. This offer will be added to your account 7 days before your birthday and is redeemed once you order any of the eligible items during your birthday month.

Perkins Restaurant & Bakery: Become a [MyPerkins rewards](#) member to receive a special birthday offer from Perkins Restaurant and Bakery. Your children under 12 years old will also receive birthday offers via email.

Pita Pit: Join the [Pita Pit Rewards Club](#) by downloading the free app to get one free pita on your birthday when you spend at least \$6 on your first visit. You can earn additional birthday rewards after 5, 21, 20, and 30 visits using the Pita Pit app.

Pizza Hut: Get a free meal on your birthday in addition to other exclusive rewards when you register to [Pizza Hut Rewards](#).

PizzaExpress: Sign up for [PizzaExpress Rewards](#) to receive exclusive email updates on the latest PizzaExpress promos, including a special gift on your birthday.

QDOBA Mexican Eats: Register to [QDOBA Rewards](#) to earn points for every purchase at QDOBA Mexican Eats, plus a special treat on your birthday.

RA Sushi: Get a \$20 gift certificate from RA Sushi on your birthday and half birthday every year when you register to [The Hook Up](#) for exclusive email promos and updates.

Red Lobster: Join [Red Lobster Rewards](#) to receive 75 bonus points as a new member in addition to email updates from Red Lobster. Get a free treat for every 125 points and a special gift on your birthday.

Red Mango: Red Mango offers a \$2 sign-up bonus when you join [Club Mango Rewards](#). You can earn a \$5 discount for every 500 points you earn, and also a \$5 gift on your birthday.

Red Robin: Register to [Red Robin's Loyalty Rewards](#) and get one free burger on your birth month. You also receive exclusive rewards on select purchases when using the Red Robin mobile app.

Ruby Tuesday: New members of the Ruby Tuesday [So Connected](#) email list will receive one free appetizer when they spend \$10 or more on their first meal. You can also redeem one free Garden Bar entrée or burger on your birthday.

Sbarro: Join the [Sbarro Slice Society](#) and get one free XL slice of NY style pizza with any purchase of a beverage. You will also receive coupons, news updates from Sbarro, and a special birthday gift.

Seasons 52 Fresh Grill: Sign up for the [Seasons 52 Newsletter](#) for email updates on the latest news and promotions, and you will also receive exclusive coupons on your birthday.

Smokey Bones: Enjoy a free dessert from Smokey Bones on your birthday when you join the [Bones Club](#) loyalty rewards and/or email club. New members also get \$10 off their next order with a minimum value of \$25.

Sonny's BBQ: Sonny's BBQ offers a \$5 coupon when you join ['Q Crew Rewards](#) for exclusive offers and updates on their latest promotions. On your birthday, you can redeem one free Big Deal Combo.

Spaghetti Warehouse: Register to the [Spaghetti Warehouse eClub](#) and get one free appetizer with a purchase of any entrée, and on your birthday you will get a special meal for free.

Steak 'n Shake: Join [Steak 'n Shake Rewards](#) and get one free milkshake as a new member. You will also earn \$5 for every \$50 you spend, a special birthday offer, and other exclusive rewards.

Taco Bueno: Sign up to the [Buenohead email club](#) for exclusive offers and news updates from Taco Bueno, plus a special treat on your birthday.

TCBY: Become a member of [TCBY Insiders](#) and earn 3 points for every \$30 you spend, and \$3 for every referral. Once you reach Silver Spoon status, you get a free birthday treat from TCBY.

TGI Fridays: Redeem one free appetizer from TGI Fridays when you sign up for [Fridays Rewards](#). On your birthday, you will receive a free dessert with a purchase of any entrée.

The Cheesecake Factory: Inform your server at [The Cheesecake Factory](#) that it's your birthday and he or she will personalize your dessert with a special greeting and a candle. If you did not order any dessert, you will receive a free birthday sundae with toppings and a candle.

The Habit Burger Grill: Join [The Habit Burger Rewards](#) program and download the app to get access to exclusive perks and discounts. You will also receive a special treat on your birthday.

The Old Spaghetti Factory: Sign up to the [Factory Family](#) to receive one free entrée voucher from The Old Spaghetti Factory ten days before your birthday. Members will also receive free insider rewards, half-birthday vouchers, and exclusive access to store promotions.

Tijuana Flats: New subscribers to the [Tijuana Flats email list](#) will receive a free trio from Tijuana Flats, in addition to exclusive updates and one birthday treat every year.

Tucanos: Get a free meal on your birthday at Tucanos when you sign up for [Club Tucanos](#) and earn points for every purchase. Download the free mobile app if you want a more convenient way to redeem your rewards.

Uno Pizzeria & Grill: Join [Uno's Insiders Club](#) and get one appetizer with a purchase of any entrée. You will also receive email updates and a free dessert on your birthday.

Waffle House: Become a [Waffle House Regulars Club](#) member to receive one free waffle on your birthday.

Wienerschnitzel: Sign up for the Wienerschnitzel [Wiener Lovers' Club](#) and get a coupon that you can redeem for one chili dog. Every year, you will also receive one coupon on your birthday.

Wingstop: Join [The Club](#) and receive a birthday gift from Wingstop every year, in addition to exclusive email offers and rewards.

Zaxby's: Register to the [Zax Email Club](#) and get a free sandwich meal in addition to exclusive email rewards. You will also become eligible to receive one free Big Zax Snack on your birthday.

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Pet Freebies



iHeartDogs: Sign up to the iHeartDogs [Doggie Birthday Club](#) so they can receive one free gift as a registration bonus, and a special discount on your pet's birthday.

Petco: Petco offers a free birthday gift for your pet when you sign up for [Pals Rewards](#) and complete your pet's online profile. You will also become qualified for free shipping and reward points for every online purchase.

PetSmart: Subscribe to [PetSmart Treats](#) and unlock exclusive rewards such as a birthday gift for your pet, free shipping on orders over \$49, and a free Doggie Day Camp session when you purchase 10 treats.

Pet Supplies Plus: Members of the [Pet Supplies Plus Loyalty Program](#) can get a free birthday gift for their pets. Only one gift can be redeemed per month, for a maximum of 3 gifts per year.

Go to: [Beauty & Makeup Freebies](#), [Beverage Freebies](#), [Bread & Pastry Freebies](#), [Chocolate & Ice Cream Freebies](#), [Restaurant Freebies](#), [Pet Freebies](#), [Retail Freebies](#).

Retail Freebies



American Eagle Outfitters: Join the [Real Rewards Program](#) to earn reward points from American Eagle and Aerie for every purchase. You will also receive a 15% discount on your birthday, a \$5 sign-up reward, 2x points for AEO jeans, and free shipping for orders over \$65.

Anthropologie: Anthropologie offers a birthday treat when you join the [AnthroPerks](#) Loyalty Program. Members also receive exclusive email offers and free shipping on all orders over \$150.

Barnes & Noble: Register to the [Barnes & Noble Kids' Club](#) and get 30% off one children's book or toy, and \$5 off every \$100 you spend on children's products. Your child will also receive a free cupcake on his or her birthday.

Best Buy: Join the [My Best Buy Program](#) for reward points on each purchase, email and mobile offers, and a 10% coupon on your birthday.

Brooks Brothers: Brooks Brothers is offering a \$20 birthday gift to [MyBrooks Rewards](#) members. You must apply for a Brooks Card or Brooks Brothers Platinum MasterCard at least 12 months before your birthday. Available for in-store purchases only.

Build-A-Bear: Become a member of the [Bonus Club](#) to earn reward points, exclusive email offers, and other perks from Build-A-Bear. Your children will receive a free gift on their birthdays when you add their date of birth to your account.

Designer Shoe Warehouse: Sign up for [DSW VIP Rewards](#) and receive a \$5 birthday coupon from Designer Shoe Warehouse. You will also qualify for ground shipping all year and \$5 off your order for every 100 reward points you accumulate.

Express: Subscribe to [Express Insider](#) and get receipt-less returns, early access to store promotions, a birthday reward every year, and 10 points for every \$1 spent at Express.

Gamestop: Gamestop lets you earn 10 points for every \$1 you spend when you sign up for [PowerUp Rewards](#). Members also receive a special coupon on their birthday.

J. Crew and J.Crew Factory: Sign up for [J. Crew Rewards](#) to unlock discounts, birthday promos, and other exclusive benefits at J. Crew and J. Crew Factory. You will also get 5% off your next in-store or online purchase when you earn 200 reward points.

Journeys Kidz: Parents can register up to 3 children to the Journeys Kidz [Birthday Club](#). Verified members will receive an exclusive gift on their birthday.

Kendra Scott: Kendra Scott is offering a birthday discount of 25% off any single purchase of fine jewelry or home item, and 50% off other eligible products when you sign up for their [email newsletters](#). Exclusions apply.

Lawn Fawn: Get a 10% discount and a birthday gift at [Lawn Fawn](#) when you create an account. Include your birth date and the discount will be emailed to you on the first day of your birth month.

Old Navy: Get 20% off your next purchase at Old Navy when you sign up for their [email newsletters](#). If you provide your date of birth, you will receive a special coupon on your birthday.

Target: Join the [Target Circle](#) loyalty program for free and get a 5% discount on your birthday. REDcard owners will receive 5% off every purchase.

The Container Store: The Container Store is giving a birthday gift in addition to a 15% discount, receipt-free returns, and other exclusive offers to members of the [Perfectly Organized Perks](#) (POP!) Rewards Program.

Victoria's Secret: Apply for a [Victoria's Secret Credit Card](#) to get a \$10 gift on your birthday in addition to exclusive benefits and rewards. Available for U.S. residents only. Restrictions apply.

World Market: Members of [World Market Rewards](#) can get a special birthday gift every year, in addition to bonus points for all purchases and free shipping on orders over \$49.

Go to: [Beauty & Makeup Freebies](#), [Beverage Freebies](#), [Bread & Pastry Freebies](#), [Chocolate & Ice Cream Freebies](#), [Restaurant Freebies](#), [Pet Freebies](#), [Retail Freebies](#).

Enjoy Your Birthday!

Do you know if there are any other shops that we missed? Share them in the comments below so we can verify the discount and add them to the list.

Have a happy birthday, and take full advantage of all the freebies out there for the taking!